

# THE ENCORE *Breeze*

March 2018 • 12295 Schold Place NW • Silverdale, WA 98383 • 360-692-1228

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Northwoods Lodge



CLEARBROOK INN



COUNTRY MEADOWS



THE RIDGE

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## Irish Blessings

St. Patrick's Day calls to mind many images of what the media says it's all about: parades, parties, green beer—but it's also images of luck, hope, faith and laughter.

Images have always been important to the Irish. One of the main characteristics of Celtic tradition is the use of images of nature to show how God inter-acts with people. "May the road rise to meet you...the wind be at your back...the sun shine warm upon your face..." this much loved familiar Irish blessing uses everyday imagery to express the desire for God to remove the obstacles in your journey through life. It's what we hope for ourselves as well as for others, even though we know that there will be many obstacles to overcome.

Historically, the Irish were no strangers to obstacles and have left a legacy of being hard-working and

hopeful. There are countless numbers of Irish proverbs and blessings that offer sage advice, humor and a wish for an easier life, striving to make a positive impact where struggles may abound.

Everywhere you see people who make a positive impact on the world, you find the same redeeming qualities: tireless persistence of positive selfless action, fierce ability to go against the grain, staying true to the purpose of a vision, and day after day good old fashioned work.

May we each have the chance to make a positive impact in our own little space in this world. "May the hand of a friend always be near you." "May you always have a kind word for those you meet." And, most importantly, "May the blessings of each day be the blessings you need most."

♥ Peggy Reece

### An Irish Blessing

May the road rise up to meet you,  
May the wind be always at your back,  
May the sun shine warm upon your face,  
The rain fall soft upon your fields,  
And until we meet again,  
May God hold you in the palm of his hand.



# March 2018 HIGHLIGHTS

## ROMEO Club

Thursday March 1 departing at 11:00 a.m.  
It's always a pleasure to dine on the water at the Yacht Club Broiler—maybe March will blow in like a lion and we'll get a nice storm to accompany our tasty lunch.

## JJ's Fish House

Thursday March 8 departing at 11:00 a.m.  
Another waterfront (almost) place with great food, & we always enjoy Poulso.

## Merry Ole Souls

Friday March 9 departing at 1:00 p.m.  
Our Kazoo Band is on the road again—we were invited back to Crista Shores for some sing-a-long fun.

## Together in Uniform

Thursday March 15 at 1:30 p.m.  
We welcome members of the Armed Forces, Fire and Law Enforcement for a meet and greet event thanking them for their service.

## Manchester Inn

Thursday March 22 departing at 10:30 a.m.  
Good home-style cooking awaits us, as well as one of our favorite scenic drives home, along Manchester Beach Drive.

## Happy Hour

Friday March 23 at 4:30 p.m.  
Pianist Monica Harle plays soft favorites to provide an inviting background to Happy Hour, followed by dinner for all at 5:30p.m.

## Silver City Restaurant

Thursday March 29 departing at 11:00 a.m.  
We can't let March go by without some good beer, even if it isn't Irish. The food is really what brings us back to this local legend and it's always a treat.

## Shopping, Shopping, Shopping!

Various days throughout the month  
Besides going to Safeway every Friday morning at 10:00 a.m. its: Friday the 2nd, Trader Joe's, Wednesday the 8th, Fred Meyer, & Friday the 30th, Central Market.





CLEARBROOK  
INN



# March 2018 HIGHLIGHTS

**March Birthday Party**  
Saturday March 2 at 2:00 p.m.

Marty Jagodensky sings old favorites by artists like Johnny Cash, Roger Miller and John Denver accompanied on his guitar—it's a treat just right for a birthday party!

**Thoroughly Packed Thursday**  
Thursday March 8

After tai chi with Julia we have our favorite furry buddy, Diesel the Therapy Horse. After lunch it's the Four Star Singers with their delightful music; then we'll wind down the afternoon with a little trivia: Washington State Fun Facts.

**What's Cookin'?**

Saturday March 10 at 11:00 a.m.

Some Irish Breakfast tea and a little cream to go with the Irish Soda Bread we're making will make it a bit o' Irish heaven.

**Irish Music Day**  
Thursday March 15

Charlie Brown will play Irish music at 2:00 and we'll top that off with Irish Coffee and Irish potatoes at 3:00. Doesn't get much luckier than this!

**Scenic Drive**

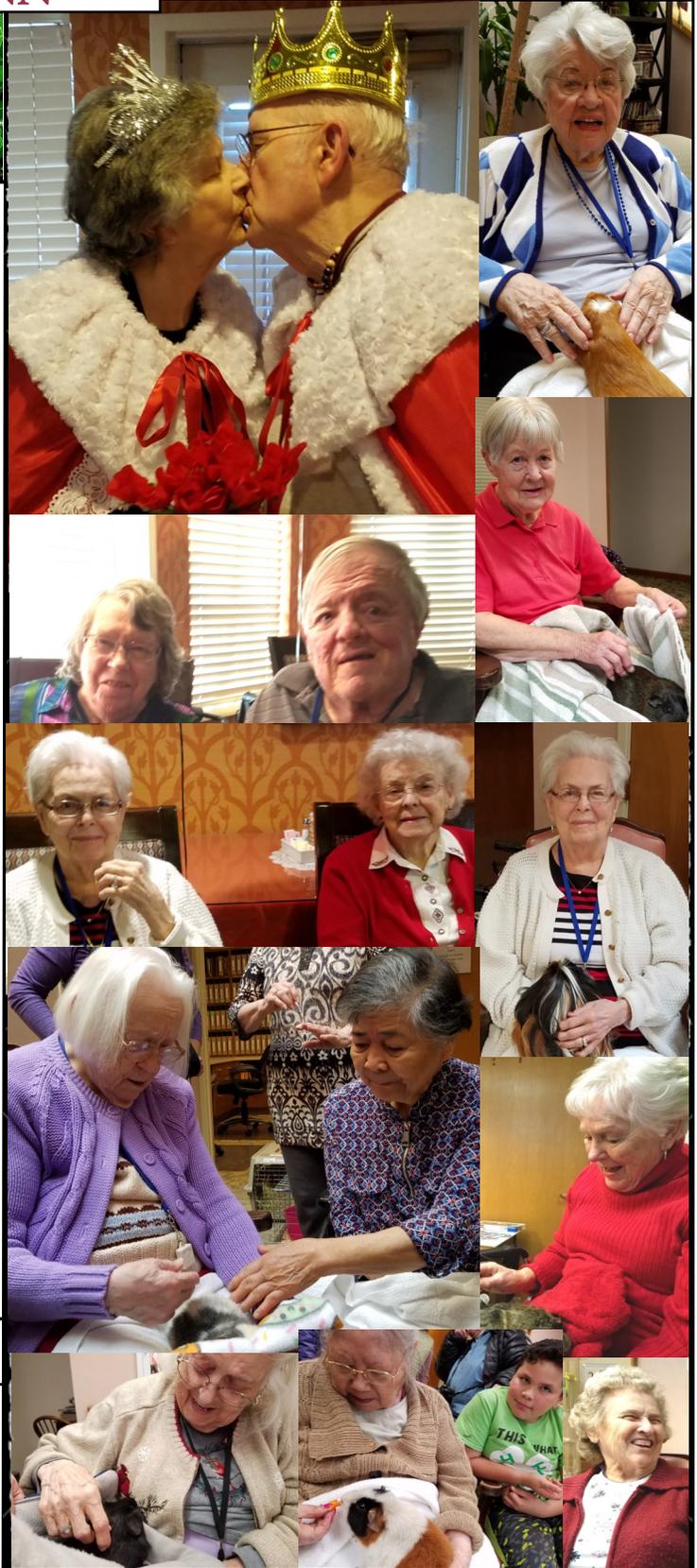
Friday March 16 at 1:30 p.m.

Spring is right around the corner and in the Puget Sound area, we have blooms even if it is still snowing. Maybe there will be lambs or calves—it's the season!

**Easter Fun**

Friday March 30 & Saturday March 31

With Easter Sunday coming up on April 1st (no foolin') we need to get hopping! Egg dying on Friday and our annual Easter party complete with an Easter Egg Hunt—and we're hopeful that there may be a "Special Guest" appearance, too!



**LUNCH**



**BUNCH**

**Mondays Mornings**

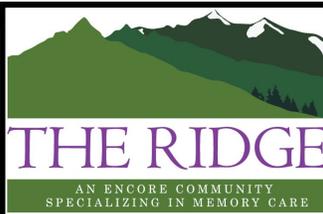
2/5 at 11:00—Red Lobster

2/12 at 11:00—Silver City

2/19 at 11:00—Airport Diner

May the hand of a friend always be near you & may God fill your heart with gladness to cheer you. ~Irish Toast





# March 2018 HIGHLIGHTS

## SMILE DAY

Thursday March 1



March won't be coming in like a lion at The Ridge—today is officially designated as “Smile Day”—and at 10:30 this morning we have our Sing-a-long Session, which is sure to bring a smile to our hearts as well as our faces!



## TEA FOR TWO TUESDAY

Tuesday March 6

“Day will break and you'll awake and start to bake a sugar cake...” And after the Heart Singers delight us with their songs we'll enjoy our Tea at the proper tea time of 3:30 p.m.



## DIESEL DAY

Thursday March 8 at 3:30 p.m.

Today is our luck day! Diesel the oh-so-lovable, huggable therapy horse will be here to get his hugs!



## TRAVEL DAY

Tuesday March 13

In March “everyone is Irish” and our Arm Chair Travel video will take us all “home” for a grand tour of “the old sod,” Ireland! Erin go bragh!

## ST. PATRICK'S DAY

Saturday March 17



At 1:30 we'll gather to decorate for our St. Patrick's Day Party. Then we'll celebrate the Wearin' o' the Green with refreshments and a bit o' the craic (Irish slang for fun, enjoyment lighthearted mischief!)



## SPRING BEGINS

Tuesday March 20th

“I love spring anywhere, but if I could choose I would always greet it in a garden.” ~Ruth Stout, American author  
And so we will! At 2:00 today we will have garden time!



## EASTER IS EARLY THIS YEAR

Since Easter is on Sunday April 1 (no fooling!) we will get started with some important Easter events:

Friday March 30 at 3:00

We'll dye the eggs for our Easter Party!

Saturday March 31 at 2:30

Getting a “jump start” on the Easter Bunny with our Easter Party!



## THE LUNCH BUNCH

**Every Friday**

**at 11:30 a.m.**



This is your Lucky Month! Fridays in March bring delicious eating out opportunities!

3/2—IHOP

3/9—Andy & Cindy's Diner

3/16—Family Pancake House

3/23—Skipper's Fish & Chips



## ❄️ WINTER PARTY ❄️

Even though the Clearbrook Inn holiday events had to be delayed, it didn't deter them from enjoying a celebration of major proportions. Their staff pulled out all the stops with amazing food, lively music, dancing and fun! Fun! Fun!



May joy & peace surround you, contentment latch your door, & happiness be with you now and bless you evermore. ~Irish Blessing



**FEATURED STAFF MEMBER**



**LETTY FELICIANO**



**What is your idea of perfect happiness?**

When my family is together

**If you could have dinner with anyone from the past or present, who would it be?**

My family

**What has impressed you most about working at Encore Communities?**

I'm happy with my work and everyone is nice

**What is your favorite journey?**

Coming to the United States

**What words or phrases do you overuse?**

Oh my Gosh! What?!

**What is your most treasured possession?**

Family—happy to be complete with family

**What might someone be surprised to know about you?**

I love cooking!

**How would someone describe you?**

Hardworking, kind and sweet

**What is the most rewarding experience you have had and what made it so?**

It was really fun when I got to go to Las Vegas for a “girls’ weekend”

**In your lifetime, what changes have come around that you like?**

That I had a chance to come to the United States

Letty has been working at Encore Communities for four years and she is an indispensable part of the team at The Ridge.

She was born in the Philippines and comes from a family of six girls. She and her husband have been married 26 years and they have two boys and one girl.

**FAMILY**

*Always tell the truth*  
**WORK HARD**  
 Keep Your Promises  
 Try New Things Don't Whine  
**Laugh Out Loud**  
 Always say I Love You  
 Use kind words Do Your Best  
 Be Grateful Be Kind  
**BE PROUD OF YOURSELF**  
 Say Please & Thank You  
**REMEMBER YOU ARE LOVED**



## RESIDENT OF THE MONTH



### PHYLLIS SUMMERS

***What is your idea of perfect happiness?***

Taking time to relax and enjoy our beautiful area

***What is your most treasured possession?***

My pal, Louie the Poodle. He's been with me during my many moves.

***If you could have dinner with anyone from the past or present, who would it be?***

Eleanor Roosevelt—a woman ahead of her time

***What is your most rewarding experience and what has made it so?***

Visiting Kenya with Ivan and friends, Bob & Shirley. The animals were unbelievable.

***What is your favorite journey?***

It's so hard to choose a favorite place. Perhaps, Midway Island to see the Albatrosses. Also, the Galapagos.

***What might someone be surprised to know about you?***

Encore employs one of my former 1st grade students, "Muffie." She still gives me hugs like a typical 1st grader.

***In your lifetime what changes have come about that you like?***

A walk-around phone and of course TV. Also improvements in cars which are safer and easier to drive.

Phyllis is a Bremerton native, born and raised right here! Her father was a shipyard worker and her mother, a homemaker. She had four half sisters, all of whom have passed away. Phyllis and her late husband Ivan have four children and two grandsons, and all of them are the loves of her life. Phyllis taught in public schools for 27 years, three in Seattle and 24 in Bremerton. With her continually cheerful disposition and friendly demeanor, Phyllis and Louie are such a welcome addition to our Country Meadows family!



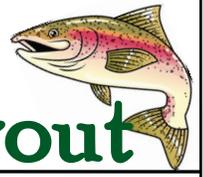
May the sound of happy music & the lilt of Irish laughter fill your heart with gladness that stays forever after. ~Irish Blessing





HERE'S TO YOUR HEALTH!

*Peggy Reece*



# May You Be As Healthy as a Trout

Most familiar Irish toasts are whimsical but still get the point across that something good is wished the recipient. This one is still a mystery: "May you be as healthy as a trout!" No historical or cultural reference was available, no matter how it was "Googled," but Irish and trout did come up together on a very lengthy website about trout in the British Isles.

There was much to be discovered about trout (who knew?); perhaps the toast refers to more than just the ability to swim around endlessly (until caught). The "trout traits" deemed beneficial in a human reflect a life characterized by patient discernment, tenacity and adaptability. Since staying healthy is primarily an exercise in self-discipline and good choices, being trout-like can be a good thing!

## Trout Traits for Good Health:

- **Adaptability:** trout body temperature runs about the same as the water in which it swims; gills and other body parts adapt to go from fresh to salt water, making the best of every situation; keep moving continuously
- **Resourceful:** don't compete with other fish for food, but seek a new or better feeding ground; respond to sudden changes or threats to their environment by heavy feeding—in other words, they prepare for the worst and take it in stride
- **Clever:** although their brain is the size of a pea, they are able to distinguish between food with a piece of nylon string attached and one that has no string attached; they are quite capable of outwitting fishermen.

There you go: like a trout, adaptably outwit health challenges by being resourceful and clever and just keep swimming!

A good laugh and a long sleep are the two best cures. ~Irish Proverb

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CLEARBROOK

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