



NATIONAL ASSISTED LIVING WEEK **SEPTEMBER 2018**

September 9-15 "CAPTURE THE MOMENT"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>CAPTURE THE MOMENT NATIONAL ASSISTED LIVING WEEK SEPTEMBER 9-15, 2018</p>	 <p>ICE CREAM SUNDAE, my grandkids are the CHERRIES ON TOP!</p>	 <p>take a prop take a pic make a memory that will stick</p>		<p>National Assisted Living Week September 9-15 Check Daily Board for fun Activities !!</p>	 <p>THE RIDGE AN ENCORE COMMUNITY SPECIALIZING IN MEMORY CARE</p>	 <p>1. 9:30 - Morning Exercise 10:00 - News and Nibbles 10:30 - Cuff and Buff 1:30 - Bingo 3:30 - Fun Saturday Crafts</p>
<p>2. 9:30 - Sunday Stretch 10:00 - News and Nibbles 11:00 - Sunday Hymns & Readings 1:00 - Town Square Games 3:30 - Sing-A-Long with Patricia 4:00 - Charades with Patricia</p>	<p>3. 9:30 - Morning Exercise 10:00- News and Nibbles 11:00- Meredith's Craft 1:30- Brain Games 3:00- Monday Mochas w/M&M 4:30- One on Ones</p>	<p>4. 9:30- Morning Exercise 10:00- News and Nibbles 10:30- Bible Study 2:00- Heart Singers 4:30- One on Ones</p>	<p>5. 9:30- Morning Exercise 10:00- News and Nibbles 10:30- United Generations 11:30- "Airport Diner" 3:00- Meredith's Manicures 4:30- Creative Coloring 6:00- Story Time</p>	<p>6. 9:30 - Morning Exercise 10:00 - News and Nibbles 10:30 - Sing -A-long Time 11:30 - Creative Coloring 2:00- Scenic Drive 3:30 - Patio Party 6:00- Aroma Therapy</p>	<p>7. 9:30- Morning Exercise 10:00- News and Nibbles 11:00- Build-A-Word 2:00- Music with Bobby & Pat 3:00 - Fun Friday Bingo 6:00- Town Square Drive In Movie</p>	<p>8. 9:30 - Morning Exercise 10:00 - News and Nibbles 10:30 - Cuff and Buff 1:30 - Bingo 3:30 - Fun Saturday Crafts</p>
<p>9. "SWEET MEMORIES" 9:30 - Sunday Stretch 10:00 - News and Nibbles 11:00- Sunday Hymns & Readings 2:00 - Family Games & Ice Cream Sundaes 4:00 - Sing-A-Long with Patricia</p>	<p>10. 9:30 - Morning Exercise 10:00- News and Nibbles 11:00- Meredith's Craft 1:30- Fun Monday Bingo 3:00- Monday Mochas w/M&M 4:30- One on Ones</p>	<p>11. "CAPTURING MEMORIES" 9:30- Morning Exercise 10:00- News and Nibbles 10:30- Bible Study 1:30- Writing & Sharing Stories 4:30- One on Ones</p>	<p>12. "MUSIC MEMORIES" 9:30- Morning Exercise 10:00- News and Nibbles 10:30- United Generations 11:30- Olive Garden" Music with Fluffy 3:00- Meredith's Manicures 4:30- Creative Coloring</p>	<p>13. 9:30 - Morning Exercise 10:00 - News and Nibbles 10:30 - Sing -A-long Time 11:30 - Creative Coloring 2:00- Scenic Drive 3:30- Diesel "Therapy Horse" 6:00- Aroma Therapy</p>	<p>14. "PHOTO BOOTH" 9:30 - Morning Exercise 10:00 - News and Nibbles 11:00 - Feed The Birds 1:30 - Photo Booth "Selfies" 3:00 - Music with Vince 6:00- Town Square Drive In</p>	<p>15. 9:30 - Morning Exercise 10:00 - News and Nibbles 10:30 - Cuff and Buff 1:30 - Bingo 3:30 - Fun Saturday Crafts</p>
<p>16. 9:30 - Sunday Stretch 10:00 - News and Nibbles 11:00- Sunday Hymns & Readings 1:00 - Town Square Games 3:30 - Summer Time Trivia 4:00 - Charades with Patricia</p>	<p>17. 9:30 - Morning Exercise 10:00- News and Nibbles 11:00- Meredith's Craft 1:30- Brain Games 3:00- Monday Mochas w/M&M 4:30- One on Ones</p>	<p>18. 9:30- Morning Exercise 10:00- News and Nibbles 10:30- Bible Study 2:00- Tea Time 4:30- One on Ones</p>	<p>19. 9:30- Morning Exercise 10:00- News and Nibbles 10:30- United Generations 11:30- "Andy & Cindy's" Build-A-Word 3:00- Meredith's Manicures 4:30- Creative Coloring 6:00- Book Club</p>	<p>20. 9:30 - Morning Exercise 10:00 - News and Nibbles 10:30 - Sing -A-long Time 11:30 - Creative Coloring 1:30- Arm Chair Travel 3:30 - Feed The Birds 6:00- Aroma Therapy</p>	<p>21. 9:30 - Morning Exercise 10:00 - News and Nibbles 11:00 - Word Of The Day 1:30 - Town Square Table Activities 3:00- Music with Brett 6:00- Town Square Drive In Movie</p>	<p>22. "AUTUMN BEGINS" 9:30 - Morning Exercise 10:00 - News and Nibbles 10:30 - Cuff and Buff 1:30 - Bingo 3:30 - Fun Saturday Crafts</p>
<p>23. & 30. 9:30 - Sunday Stretch 10:00 - News and Nibbles 11:00- Sunday Hymns & Readings 1:00 - Town Square Games 3:30 - Sing-A-Long with Patricia 4:00 - Story Time</p>	<p>24. "SMILE DAY" 9:30 - Morning Exercise 10:00- News and Nibbles 11:00- Meredith's Craft 1:30- Fun Monday Bingo 3:00- Monday Mochas w/M&M 4:30- One on Ones</p>	<p>25. 9:30- Morning Exercise 10:00- News and Nibbles 10:30- Bible Study 2:00- Arm Chair Travel 4:30- One on Ones</p>	<p>26. B-DAY PARTY DAY 9:30- Morning Exercise 10:00- News and Nibbles 10:30- United Generations 1:00- Decorating Party 2:00- B-Day with Dan 3:30- Meredith's Manicures 4:30- Creative Coloring 6:00- Book Club</p>	<p>27 9:30 - Morning Exercise 10:00 - News and Nibbles 10:30 - Sing -A-long Time 11:30 - Creative Coloring 2:00- Scenic Drive 3:30 - Reminisce Time 6:00- Aroma Therapy</p>	<p>28. 9:30 - Morning Exercise 10:00 - News and Nibbles 11:00 - Feed The Birds 1:30 - Cooking Experience 3:00 - Mock Tails & Music 6:00- Town Square Drive In Movie</p>	<p>29. 9:30 - Morning Exercise 10:00 - News and Nibbles 10:30 - Cuff and Buff 1:30 - Bingo 3:30 - Fun Saturday Crafts</p>