

PLEASE CIRCLE THE MENU ITEMS YOU WOULD LIKE OR WRITE IN AN ALTERNATE CHOICE

Guest Name: _____

Room: _____

Allergies: _____

Diet: _____

Northwoods Lodge

Regular Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B R E A K F A S T	Apple or Orange Juice Hot or Cold Cereal w/Milk	Apple or Orange Juice Hot or Cold Cereal w/Milk	Apple or Orange Juice Hot or Cold Cereal w/Milk	Apple or Orange Juice Hot or Cold Cereal w/Milk	Apple or Orange Juice Hot or Cold Cereal w/Milk	Apple or Orange Juice Hot or Cold Cereal w/Milk	Apple or Orange Juice Hot or Cold Cereal w/Milk
	Cheese Omelet Breakfast Potatoes	Scrambled Eggs Bagel & Cream Cheese	Blueberry Pancakes Sausage Links	Poached Egg Avocado Toast	Eggs Benedict	Scrambled Eggs Muffin	Poached Egg Belgian Waffle w/Cream Cheese
	Wheat or White Toast Fresh Fruit	Wheat or White Toast Fresh Fruit	Wheat or White Toast Fresh Fruit	Wheat or White Toast Fresh Fruit	Wheat or White Toast Fresh Fruit	Wheat or White Toast Fresh Fruit	Wheat or White Toast Fresh Fruit
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
L U N C H	Parmesan Tilapia Buttered Bowties Steamed Squash Wheat Roll w/Butter	Beef Tips Au Jus Buttered Noodles Sauteed Spinach Wheat Roll w/Butter	Honey Mustard Pork Garlic Mashed Potatoes Green Peas Wheat Roll w/Butter	Chicken Stir Fry Steamed Rice Wheat Roll w/Butter	Roast Beef Rice Pilaf Breaded Tomato Wheat Roll w/Butter	Pot Roast Potatoes & Onions Celery & Carrots Wheat Roll w/Butter	Pork Roast Parslied Red Potatoes Capri Vegetables Wheat Roll w/Butter
	Vanilla Pudding	Cheesecake	Baked Apples	Mandarin Oranges	Frosted Cake	Chilled Pears	Dutch Apple Cake
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
D I N N E R	Tomato Soup	Turkey Noodle Soup	Vegetable Soup	Cream of Chicken Soup	Vegetable Barley Soup	Chicken Rice Soup	French Onion Soup
	Chili with Cheese Tossed Salad & Dressing Cornbread	BBQ Chicken Sandwich Buttered Corn Broccoli Spears	Baked Salmon Herbed Orzo Seasoned Zucchini	Roast Turkey Bread Dressing Green Bean Casserole	Cheese Pizza Marinated Vegetable Salad	Grilled Ham & Cheese Cucumber Salad	Teriyaki Meatballs Buttered Noodles Seasoned Peas
	Magic Cookie Bar	Peach Crisp	Brownie	Ice Cream Sundae	Seasonal Fresh Fruit	Banana Cream Pie	Peach Parfait

Alternate Choices: (Please write in on menu)

Cereal Choices: Oatmeal, Cream of Wheat, Cheerios, Rice Krispies, or Raisin Bran

Sandwiches: Egg, Tuna, or Chicken Salad, Grilled Cheese, PB&J, or Hamburger & Potato Chips

Salads: Tossed Green, Cottage Cheese and Fruit Plate, Chef Salad

Entrees: Baked Chicken, Salisbury Steak, or Fish Filet

Beverage Choices: Please Circle each option you would like to receive for each meal.

Breakfast: Coffee: Regular or Decaf, Tea: Regular or Decaf, Hot Cocoa: Regular or Sugar-Free, Milk: 2% or Non-Fat, Juice: Apple, Orange, Sugar Free Beverage, or Vegetable Juice

Lunch: Coffee: Regular or Decaf, Tea: Regular or Decaf, Hot Cocoa: Regular or Sugar-Free, Milk: 2% or Non-Fat, Juice: Apple, Orange, Sugar Free Beverage, or Vegetable Juice

Dinner: Coffee: Regular or Decaf, Tea: Regular or Decaf, Hot Cocoa: Regular or Sugar-Free, Milk: 2% or Non-Fat, Juice: Apple, Orange, Sugar Free Beverage, or Vegetable Juice

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Northwoods Lodge

Regular Menu

Week 2

B R E A K F A S T	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		Apple or Orange Juice Hot or Cold Cereal w/Milk Breakfast Tacos Wheat or White Toast Fresh Fruit	Apple or Orange Juice Hot or Cold Cereal w/Milk Scrambled Eggs Danish Wheat or White Toast Fresh Fruit	Apple or Orange Juice Hot or Cold Cereal w/Milk Confetti Eggs Wheat or White Toast Fresh Fruit	Apple or Orange Juice Hot or Cold Cereal w/Milk Open Faced Egg Sandwich Wheat or White Toast Fresh Fruit	Apple or Orange Juice Hot or Cold Cereal w/Milk Poached Egg Cinnamon Toast Wheat or White Toast Fresh Fruit	Apple or Orange Juice Hot or Cold Cereal w/Milk Biscuit Sausage Patty Wheat or White Toast Fresh Fruit
L U N C H	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Beef Tenderloin Oven Browned Potatoes Steamed Asparagus Dinner Roll w/Butter Strawberries & Whipped Cream	Chicken and Dumplings Candied Carrots Dinner Roll w/Butter Ambrosia Deluxe	Glazed Meatloaf Cheddar Mashed Potatoes Spinach & Mushrooms Dinner Roll w/Butter Sherbet	Apple Pork Chop Glazed Sweet Potatoes Roasted Broccoli Dinner Roll w/Butter Pound Cake	Fried Fish Macaroni & Cheese Cole Slaw Dinner Roll w/Butter Lemon Meringue Pie	Baked Rosemary Chicken Couscous Buttered Spinach Dinner Roll w/Butter Assorted Cookie	Cranberry Glazed Pork Sweet Potato Casserole Brussels Sprouts Dinner Roll w/Butter Frosted Marble Cake
D I N N E R	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Tomato Basil Soup Tuna Salad Croissant Chilled Beets Chocolate Cream Pie	Turkey Noodle Soup Pulled Pork Potato Salad Calico Beans Red Velvet Cake	Navy Bean Soup Cheese Quesadilla w/ Sour Cream Marinated Tomato Salad Spiced Peaches	Cream of Chicken Soup Swedish Meatballs Buttered Noodles Parslied Cauliflower Seasonal Fresh Fruit	Corn Chowder Grilled Chicken on Bun w/ Lettuce and Tomato Mayonnaise Tossed Salad & Dressing Honeyed Pears	Chicken Rice Soup Vegetable Pizza Tossed Salad & Dressing Frosted Cake	French Onion Soup Grilled Chicken Tenders French Fries Dill Carrots Assorted Cookie

Alternate Choices: (Please write in on menu)

- Cereal Choices:** Oatmeal, Cream of Wheat, Cheerios, Rice Krispies, or Raisin Bran
Sandwiches: Egg, Tuna, or Chicken Salad, Grilled Cheese, PB&J, or Hamburger & Potato Chips
Salads: Tossed Green, Cottage Cheese and Fruit Plate, Chef Salad
Entrees: Baked Chicken, Salisbury Steak, or Fish Filet

Beverage Choices: Please Circle each option you would like to receive for each meal.

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Lunch: Coffee: Regular or Decaf, Tea: Regular or Decaf, Hot Cocoa: Regular or Sugar-Free, Milk: 2% or Non-Fat, Juice: Apple, Orange, Sugar Free Beverage, or Vegetable Juice
Dinner: Coffee: Regular or Decaf, Tea: Regular or Decaf, Hot Cocoa: Regular or Sugar-Free, Milk: 2% or Non-Fat, Juice: Apple, Orange, Sugar Free Beverage, or Vegetable Juice

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Week 3

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B R E A K F A S T	Apple or Orange Juice Hot or Cold Cereal w/Milk Cinnamon Toast Sausage Patty Wheat or White Toast Fresh Fruit	Apple or Orange Juice Hot or Cold Cereal w/Milk Poached Egg Bacon Wheat or White Toast Fresh Fruit	Apple or Orange Juice Hot or Cold Cereal w/Milk English Muffin & Jam Sausage Links Wheat or White Toast Fresh Fruit	Apple or Orange Juice Hot or Cold Cereal w/Milk Scrambled Eggs Danish Wheat or White Toast Fresh Fruit	Apple or Orange Juice Hot or Cold Cereal w/Milk Biscuit and Sausage Gravy Poached Egg Wheat or White Toast Fresh Fruit	Apple or Orange Juice Hot or Cold Cereal w/Milk Western Omelet Wheat or White Toast Fresh Fruit	Apple or Orange Juice Hot or Cold Cereal w/Milk Orange Ricotta Pancakes Scrambled Eggs Bacon Wheat or White Toast Fresh Fruit
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
L U N C H	Lasagna Tossed Salad & Dressing Garlic Roll w/ butter Italian Cream Cake	Garlic Pepper Pork Garden Rice Buttered Spinach Dinner Roll w/Butter Spiced Peaches	Country Fried Steak Herbed Mashed Potatoes Brussels Sprouts Dinner Roll w/Butter Cherry Cobbler	Lemon Pepper Chicken Calico Beans Steamed Asparagus Dinner Roll w/Butter Pineapple Upside Down Cake	Oven Fried Fish Baked Potato Steamed Spinach Dinner Roll w/butter Lemon Chiffon Tart	Cheese Enchiladas Spanish Rice Pinto Beans Dinner Roll w/butter Churros	Fried Chicken Garlic Mashed Potatoes Herbed Green Beans Dinner Roll w/butter Apple Pie
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
D I N N E R	Tomato Soup Deli Hoagie Potato Chips Caesar Salad w/ Dressing Seasonal Fresh Fruit	Turkey Noodle Soup Pesto Chicken Parmesan Noodles Seasoned Broccoli Bread Pudding	Vegetable Soup Egg Salad Croissant Marinated Tomato Salad Chocolate Cream Pie	Cream Of Chicken Fruit & Cottage Cheese Plate Tossed Salad & Dressing Muffin w/Butter Brownie	Corn Chowder Macaroni Ham Au Gratin Creole Tomatoes Assorted Cookie	Minstrone Soup Avocado Roast Beef Salad w/ Dressing Muffin Strawberries and Bananas	French Onion Soup Vegetable Quiche Croissant Fruit Salad
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

Alternate Choices: (Please write in on menu)

Cereal Choices: Oatmeal, Cream of Wheat, Cheerios, Rice Krispies, or Raisin Bran

Sandwiches: Egg, Tuna, or Chicken Salad, Grilled Cheese, PB&J, or Hamburger & Potato Chips

Salads: Tossed Green, Cottage Cheese and Fruit Plate, Chef Salad

Entrees: Baked Chicken, Salisbury Steak, or Fish Filet

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Dinner: Coffee: Regular or Decaf, Tea: Regular or Decaf, Hot Cocoa: Regular or Sugar-Free, Milk: 2% or Non-Fat, Juice: Apple, Orange, Sugar Free Beverage, or Vegetable Juice

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