

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

October 2025

Country Meadows Activity Calendar

			Shuttle Day 1 9:30 Sittercise 11:00 Juliet Tea* 1:00 Cabaret Show 2:00 Ice Cream Social Yom Kippur Begins	2 9:00 Romeo Brekkie At IHOP* 1:30 Bingo 2:30 Tech Clinic* 	3 9:30 Strength & Balance w/Elicia 10:00 Dietary Meeting 11:00 Manicures by Ashley* 1:30 Farkle (RL) 4:30 Happy Half Hour	4  <u>Birthdays</u> Joanne (1) Mac (27) Tommy R #29 (31)
5 10:30 Online Church (RL) 2:45 Ice Cream Social @ Clearbrook	6 9:30 Sittercise 10:00 Coffee & Donuts (RL) 10:30 Bible Study 1:30 Bingo 3:00 Visit KRL* Sukkot Begins	*Shuttle Day* 7 10:30 Chair Yoga 11:00 Costco Shopping* 1:30 UNO 	*Shuttle Day* 8 9:30 Sittercise 1:30 Birthday Party Music by The Fabulous Paisley Girls	9 9:30 Point Defiance Zoo Trip* 2:00 Bingo 	10 <u>Footcare & KRL Day</u> 9:30 Strength & Balance w/Elicia 10:15 Apple Cider & Muffin Social 1:30 Farkle (RL) 4:30 Happy Half Hour	11 For Footcare Appointments at Clearbrook Please sign up at the Barn
12 10:30 Online Church (RL) 11:00 First Brunch* 12:30 Second Brunch* 2:45 Ice Cream Social @ Clearbrook	13 9:30 Sittercise 10:00 Coffee & Donuts (RL) 10:30 Craft Time* 1:30 Bingo Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	14 *Shuttle Day* 10:30 Chair Yoga 11:00 Marshall's Shopping* 1:30 UNO 1:30 Joint Trip To See Fall Leaves Simchat Torah Begins 	15 *Shuttle Day* 8:30 Caregiver Support Group Meet Up 9:30 Sittercise 10:00 Edward Jones Coffee Club* 2:00 Concert by The Silver Tunes	16 10:45 Lunch at Yacht Club Broiler Silverdale* 1:30 Grange Meeting 2:00 Ice Cream Social 	17 9:30 Strength & Balance w/Elicia 10:30 Clearwater Casino* 1:30 Bingo 4:30 Happy Half Hour	18 
19 10:30 Online Church (RL) 2:45 Ice Cream Social @ Clearbrook	20 9:30 Sittercise 10:00 Coffee & Donuts (RL) 10:30 Bible Study 1:30 Bingo 3:00 Visit Goodwill*	21 *Shuttle Day* 10:30 Chair Yoga 11:00 Target Shopping* 1:30 UNO 	22 *Shuttle Day* 9:00 Fall Planters/Pots Clean Out* 9:30 Sittercise 1:30 Concert by Sunshine Singers	23 9:00 Breakfast at Oak Table Café Silverdale* 1:30 Bingo 	24 9:30 Strength & Balance w/Elicia 1:30 Farkle (RL) 4:30 Happy Half Hour	25 The Clearbrook Salon is Open Tuesday Afternoons Call Kim at 360-790-6942 to book an appointment
26 10:30 Online Church (RL) 2:45 Ice Cream Social @ Clearbrook	27 9:30 Sittercise 10:00 Coffee & Donuts (RL) 1:30 Bingo	28 *Shuttle Day* 10:30 Chair Yoga 11:00 Safeway Shopping* 1:30 UNO 	29 *Shuttle Day* 9:30 Sittercise 10:30 Clearwater Casino* 1:30 Music by Justin Cormier	30 9:45 Bug Museum & Lunch @ Brother Don's* 1:30 Bingo 	31 9:30 Strength & Balance w/Elicia 11:00 Hot Apple Cider Bar 1:30 Farkle (RL) 4:00 Halloween HH & Costume Contest Halloween	

All activities are subject to change.