

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 Country Meadows Activity Calendar						
4 10:30 Online Church (RL) 11:30 Brunch 1st Seating* 1:00 Brunch 2nd Seating* 2:45 Ice Cream Social @ Clearbrook	5 9:30 Sittercise 10:00 Coffee and Donuts (RL) 10:30 Tech Clinic 1:30 Bingo 3:00 Visit the NEX At Bangor	*Shuttle Day* 6 10:30 Chair Yoga 11:00 Walmart Shopping* 1:30 UNO/Yahtzee* 	*Shuttle Day* 7 9:30 Sittercise 11:00 Juliet Tea* 1:00 Cabaret Show 2:00 Ice Cream Social	8 11:30 Visit Pickleball Kingdom & Lunch Poulsbo* 1:30 Farkel (RL) 2.30 Cornhole 	2 9:30 Sittercise 10:00 Dietary Meeting 11:30 Smoothie Bar 1:30 Concert with Charlie Brown 4:30 Happy Half Hour	3  Simchat Torah Begins
11 10:30 Online Church (RL) 2:45 Ice Cream Social @ Clearbrook 	12 9:30 Sittercise 10:00 Coffee and Donuts (RL) 10:30 Bible Study 1:30 Bingo Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	*Shuttle Day* 13 10:30 Chair Yoga 11:00 Trader Joe's Shopping* 1:30 Five Crowns/ Yahtzee	*Shuttle Day* 14 9:30 Sittercise 1:00 Birthday party Music by Three's Company	15 10:30 Shop Kingston & Lunch At Puerta Vallarta* 1:30 Farkel (RL) 2.30 Indoor Golf	9 Footcare & KRL @ CB 9:30 Sittercise 11:00 Craft Time* 1:30 Bingo 4:30 Happy Half Hour	10 Birthdays Joanne (1) Mac (27) Tommy (31) 
18 10:30 Online Church (RL) 2:45 Ice Cream Social @ Clearbrook 	19 9:30 Sittercise 10:00 Coffee and Donuts (RL) 1:30 Bingo 	*Shuttle Day* 20 1:30 Five Crowns/ Uno 3:00 Costco Shopping*	*Shuttle Day* 21 8:30 Caregiver Support Meeting 9:30 Sittercise 10:00 Edward Jones Coffee Club 1:30 Farkel (RL)	22 10:00 Fall Planter & Pots Clean Out* 10:00 Visit T & C Market & Brunch @ Café Poulsbo* 2.30 Shuffle Board & Pool	23 9:30 Sittercise 11:00 Craft Time* 1:30 Bingo 4:30 Happy Half Hour	24 1:30 Radio On The Road Show @ Clearbrook 
25 10:30 Online Church (RL) 2:45 Ice Cream Social @ Clearbrook 	26 9:30 Sittercise 10:00 Coffee and Donuts (RL) 10:30 Bible Study 1:30 Bingo	*Shuttle Day* 27 10:30 Chair Yoga 11:00 Safeway Shopping* 1:30 Cribbage Lessons	*Shuttle Day* 28 9:30 Sittercise 1:30 Concert by Marie Buckner 	29 10:00 Lunch & Shop The Trails Silverdale* 1:30 Farkel (RL) 4:00 Oktoberfest Happy Hour & Dinner	30 9:30 Sittercise 11:30 Smoothie Bar 1:30 Bingo 	31  Halloween

All activities are subject to change